

# Recreational Sports

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Recreational Sports develops and conducts programs through which students and anyone with a RecSports membership, including faculty and staff members, may participate in recreational activities. Intramural Sports tournaments and events are scheduled throughout the year for individual, dual, and team participation. Sport clubs provide an opportunity to participate in a single sport on a continuing basis. About 45 clubs, ranging from taekwondo to lacrosse to sailing, are active each term. Outdoor Recreation provides equipment rental through the Outdoor Center, an indoor Climbing Wall inside Gregory Gym, and facilitates guide-led trips in a variety of activities such as backpacking, camping, canoeing, kayaking, hiking, and rock climbing. Opportunities through the Fitness and Wellness program include group fitness classes, clinics and series, and personal training. The Instructional Program provides access to safety education, swimming and sport skills classes.

In addition to structured sports programs, the department promotes the concept of informal recreational use of its facilities through the Informal Recreation program. Recreational Sports manages the following facilities: the recreational spaces at Bellmont Hall, Caven Lacrosse and Sports Center at Clark Field, Charles Alan Wright Fields at the Berry M. Whitaker Sports Complex, Gregory Gym, Gregory Gym Aquatic Complex, Recreational Sports Center, and Whitaker Courts. Student organizations and University departments may reserve spaces within Recreational Sports facilities for a variety of events.

Currently enrolled UT students and anyone with a current Recreational Sports membership may utilize Recreational Sports facilities and register for programs. Current UT faculty and staff, retired UT faculty and staff, alumni, and members of the community are eligible to purchase a RecSports membership. Members may also purchase youth memberships for children; youth facility guidelines apply.

Participants may check out sports equipment at the recreational spaces at Belmont Hall, Caven-Clark Field, Gregory Gym, Gregory Gym Aquatic Complex, the Recreational Sports Center, Wright-Whitaker Sports Complex, and Whitaker Courts.

Other services offered at Gregory Gym are an Amazon Pickup Point, offering the campus community a convenient location to pick up and return Amazon orders; Shake Smart, a purveyor of freshly-blended protein shakes, cold brew coffee, and healthy on-the-go foods; and a University Federal Credit financial center.

Membership and Guest Services manages recreation facility access systems and provides amenities to students, and anyone with a RecSports membership. Amenities include rental lockers and towel service.