

Recreational Sports

Recreational Sports develops and conducts programs through which students and anyone with a RecSports membership, including faculty and staff members, may participate in recreational activities. Intramural Sports tournaments and events are scheduled throughout the year for individual, dual, and team participation. Sport clubs provide an opportunity to participate in a single sport on a continuing basis. About 45 clubs, ranging from taekwondo to lacrosse to sailing, are active each term. Outdoor Recreation provides equipment rental through the Outdoor Center, an indoor Climbing Wall, and supervised trips in a variety of activities such as backpacking, camping, canoeing, kayaking, nature hiking, and rock climbing. Opportunities through Fitness and Wellness include group fitness classes, clinics and series, and personal training. The Instructional Program provides safety education, swimming and sport skills classes.

In addition to structured sports programs, the department promotes the concept of informal recreational use of its facilities through the Informal Recreation program. Recreational Sports manages eight facilities: the recreational spaces at Bellmont Hall, Caven Lacrosse and Sports Center at Clark Field, Charles Alan Wright Fields at the Berry M. Whitaker Sports Complex, Gregory Gym, Gregory Gym Aquatic Complex, Recreational Sports Center, the recreational space at Robert B. Rowling Hall at the McCombs School of Business, and Whitaker Courts. Student organizations and University departments are welcome to reserve Recreational Sports facilities for a variety of events and occasions. Facilities are supervised to enhance the enjoyment of participants.

Programs, activities, and facilities are open to all currently registered students and anyone with a current Recreational Sports membership including: faculty, staff, UT retirees, UT alumni, community members, and youth with a RecSports membership. Facilities are available to children at designated times only.

Participants may check out sports equipment at the recreational spaces at Belmont Hall, Caven-Clark Field, Gregory Gym, Gregory Gym Aquatic Complex, the Recreational Sports Center, Wright-Whitaker Sports Complex, and Whitaker Courts.

Other services offered at Gregory Gym are an Amazon Hub Locker+, offering the campus community a convenient location to pick up and return Amazon orders; Shake Smart, a purveyor of freshly-blended protein shakes, cold brew coffee, and healthy on-the-go foods; and a University Federal Credit Union branch.

Membership and Guest Services manages recreation facility access systems and provides amenities to students, and anyone with a RecSports membership. Amenities include locker and towel service, and massage therapy.