Recreational Sports

Recreational Sports develops and conducts programs through which students and anyone with a RecSports membership, including faculty and staff members with a RecSports membership, may participate in recreational activities. **Intramural Sports tournaments and events** are scheduled throughout the year for individual, dual, and team participation. **Sport clubs** provide an opportunity to participate in a single sport on a continuing basis. About 45 clubs, ranging from taekwondo to lacrosse to sailing, are active each term. **Outdoor Recreation** provides equipment rental through the **Outdoor Center**, an indoor **Climbing Wall**, and supervised trips in a variety of activities such as backpacking, camping, canoeing, kayaking, nature hiking, and rock climbing. Opportunities through **Fitness and Wellness** include group fitness classes, clinics and series, and personal training. The **Instructional Program** provides safety education, swimming and sport skills classes.

In addition to structured sports programs, the department promotes the concept of informal recreational use of its facilities through the **Informal Recreation program**. Recreational Sports manages eight facilities: **Bellmont Hall**, **Caven Lacrosse and Sports Center at Clark Field**, **Charles Alan Wright Fields at the Berry M. Whitaker Sports Complex**, **Gregory Gym**, **Gregory Gym Aquatic Complex**, **Recreational Sports Center**, **Robert B. Rowling Hall at the McCombs School of Business**, and **Whitaker Courts**. Student organizations and University departments are welcome to reserve Recreational Sports facilities for a variety of events and occasions. Facilities are supervised to enhance the enjoyment of participants.

Programs, activities, and facilities are open to all currently registered students and anyone with a current Recreational Sports membership including: faculty, staff, UT retirees, UT alumni, community members, and youth with a RecSports membership. Facilities are available to children at designated times only.

Participants may check out sports equipment at Bellmont Hall, Caven-Clark Field, Gregory Gym, Gregory Gym Aquatic Complex, the Recreational Sports Center, Wright-Whitaker Sports Complex, and Whitaker Courts.

Other services offered at Gregory Gym are an Amazon Hub Locker+, offering the campus community a convenient location to pick up and return Amazon orders; **Shake Smart**, a purveyor of freshly-blended protein shakes, cold brew coffee, and healthy on-the-go foods; and a University Federal Credit Union branch.

**Membership and Guest Services** manages recreation facility access systems and provides amenities to students, and anyone with a RecSports membership. Amenities include locker and towel service, and massage therapy.