

# Degrees and Programs

## In this section

### General Requirements

- All College of Education students seeking teacher certification must complete the entire Professional Development Sequence of coursework in residence. Residence credit includes only courses taken at the University; it does not include credit by examination, courses taken by extension or correspondence, or courses taken at another institution.
- State of Texas teacher certification requirements are governed by the Texas Education Agency and are subject to change. Students must adhere to current teacher certification requirements, even if they differ from those listed in the University catalogs.
- Except as otherwise indicated, credit by examination is treated like any other earned credit in meeting degree requirements.
- With the exception of credit earned by examination, each course counted toward the degree or toward certification requirements must be taken on the letter-grade basis, unless the course is offered only on the pass/fail basis.
- To graduate, all students must have a University grade point average of at least 2.00.

### Applicability of Certain Courses

#### Physical Activity Courses

Physical activity (PED) courses are offered by the Department of Kinesiology and Health Education. Up to three semester hours of physical activity coursework may be counted as electives toward any College of Education degree. All physical activity courses are counted among courses for which the student is enrolled, and the grades are included in the grade point average.

#### ROTC Courses

A maximum of 12 semester hours of credit in air force science, military science, or naval science may be used as free electives in any degree plan of the College of Education.

### Concurrent Enrollment and University Extension Courses

In the semester they plan to graduate, students may not take any course to be counted toward the degree at another institution or through University Extension; students who plan to graduate at the end of the summer session may request approval to take transfer work only in the first summer term.

### Curriculum and Instruction Coursework

Admission to the Professional Development Sequence of upper-division courses for teacher certification requires formal acceptance. Information about admission requirements is available from the Office of the Dean, George I. Sánchez Building 2.110.

### Specializations

Specializations are small clusters of courses designed to enhance expertise in a particular professional area and are reserved for College of Education students. Once all of the courses within a specialization are completed, students apply to receive a letter from the department

verifying completion of the specialization. See our website for more information.

### Coaching

This specialization benefits those who plan to pursue coaching as a profession at various levels such as youth sports, middle school, and high school athletics, collegiate, and professional sports and who seek to gain knowledge and understanding of the growth and development of athletes.

Students explore the legal, psychological, social, biological, physical, theoretical, and technical parameters in coaching and develop comprehension of advanced leadership principles and educational theories and practices. This specialization prepares content with an emphasis on sports ethics and human performance training and development. This will NOT certify students to be a coach, however, it may prepare them to sit for some certification exams.

Requirements		Hours
KIN 119	Topics in Movement Competence (Topic 10: Conditioning)	1
KIN 310 or KIN 425K	Physiological Basis of Conditioning Physiology of Exercise	3
KIN 311K	Sport Psychology	3
KIN 312	Topics in Kinesiology: Issues (Topic 2: Care and Prevention of Athletic Injuries)	3
KIN 312 or KIN 335C	Topics in Kinesiology: Issues (Topic 3: Fundamentals of Coaching) Motor Learning	3
KIN 361 & KIN 362	Coaching Theory and Principles I and Coaching Theory and Principles II	6
Total Hours		19

### Community Health and Wellness

Requirements		Hours
Three courses chosen from:		9
HED 335	Theories of Substance Use and Abuse	
HED 352K	Topics in Health Studies (Topic 3: Psychosocial Issues in Adult Development and Health)	
HED 360	Adolescent Health Risk Behavior	
HED 361	Psychosocial Issues in Women's Health	
HED 364	Strategic Health Communication	
HED 365	Social Determinants of Health and Health Disparities	
HED 366	Human Sexuality	
HED 370K	Topics in Health Promotion: Seminar (Topic 4: Public Health Challenges Along the United States-Mexico Border)	
KIN 348	Psychological Aspects of Exercise	
Required Fieldwork:		
HED 627L	Internship/Fieldwork in Health Promotion	6
Total Hours		15

## Health Fitness Instructor

This specialization benefits those wanting to pursue a career in personal and small group training. It also provides practical experience in preparation for graduate school in applied fields.

This specialization prepares students for a career in fitness and for a variety of national certifications. Fieldwork and internships provide practical experience as students develop and apply programming and exercise techniques for both general and special populations. Students also prepare to go on to graduate school, including medical, physical therapy, physician's assistant, chiropractic, and other forms of allied health studies. Many of our alumni are successful in the personal training field and many own and operate their own facilities. Other alumni work with athletes in a sports conditioning setting.

Requirements		Hours
KIN 322	Diagnosis and Evaluation of Fitness	3
KIN 330E or NTR 306	Sport Nutrition Fundamentals of Nutrition	3
KIN 332	Techniques of Fitness Leadership	3
Required fieldwork:		
KIN 627F	Topics in Internship (Topic 1: Internship in Health Fitness)	6
KIN 327T	Topics in Internship (Topic 2: Personal Training)	3
<b>Total Hours</b>		<b>18</b>

## Medical Fitness and Rehabilitation

This specialization benefits those who want to pursue a career in the medical field, such as cardiac rehabilitation or physical therapy, and will provide experience in a variety of clinical settings. Through fieldwork and internship experiences, students explore different methods of training and treatment.

Students work with clients from "pre-hab" (preventive exercise programming) to post-rehabilitation. This specialization prepares students to work in a number of medical settings or to pursue a graduate degree in many fields of allied health, such as physical/occupational therapy, or medical school.

Requirements		Hours
KIN 322	Diagnosis and Evaluation of Fitness	3
KIN 332	Techniques of Fitness Leadership	3
Required fieldwork:		
KIN 327T	Topics in Internship (Topic 1: Clinical Exercise Testing)	3
KIN 327T	Topics in Internship (Topic 2: Personal Training)	3
KIN 627F	Topics in Internship (Topic 2: Internship in Medical Fitness)	6
<b>Total Hours</b>		<b>18</b>

## Strength and Conditioning Coaching

This specialization benefits those who are interested in designing and implementing strength and conditioning programs. It also as provides guidance on safe training techniques and nutritional advice.

Students explore how to coach, train, and oversee exercise and weight training for various levels of fitness. At the end of the program, students are prepared to participate in a graduate program in Exercise Physiology and become certified as a strength and conditioning specialist. For more information on [certifications in this area](#) review the

requirements set in place by The National Strength and Conditioning Association.

Requirements		Hours
KIN 310	Physiological Basis of Conditioning	3
KIN 312	Topics in Kinesiology: Issues (Topic 2: Care and Prevention of Athletic Injuries)	3
KIN 226	Advanced Weight Training	2
KIN 330E	Sport Nutrition (or 3 hours of approved Nutrition)	3
KIN 363	Theory and Practice in Strength Coaching	3
One of the following:		1
KIN 119	Topics in Movement Competence (Topic 10: Conditioning)	
PED 106C	Topics in Conditioning (Topic 7: Weight Training)	
Required fieldwork:		
KIN 327T	Topics in Internship (Topic 4: Internship in Strength and Condition Coaching)	3
<b>Total Hours</b>		<b>18</b>

## Tracks

Tracks are courses in a second field of study designed by the College of Education and are reserved for College of Education students. Most tracks consist of 15 hours, six of which must be upper-division. Tracks do not appear on your UT Austin transcript or diploma but they are reflected on your profile record and degree audit. Any combination of courses can be used to complete a track as long as 6 hours are upper-division.

## Cultural Studies

Requirements	Hours
15 hours chosen from the following fields: AFR, AAS, ANS, EUS, ISL, J S, LAS, MAS, MES, REE, or R S	15
<b>Total Hours</b>	<b>15</b>

## English/Language Arts

Requirements	Hours
15 hours chosen from the following:	15
I 320	Topics in Informatics (Topic 2: Children's Literature)
and/or any E or RHE coursework	
<b>Total Hours</b>	<b>15</b>

## Education

Requirements	Hours
15 hours chosen from the following fields: EDC, EDU, EDP, HED, KIN, PED, or SED	15
<b>Total Hours</b>	<b>15</b>

## Physical Education

Requirements	Hours
EDC 345	Curriculum Issues in Physical Education
	3

EDC 370E	Topics in Elementary School Subjects (Topic 21: Teaching Elementary Physical Education)	3
EDC 370S	Topics in Secondary School Subjects (Topic 12: Teaching Secondary Physical Education)	3
EDC 951W	Topics in All Level Teaching Practicum (Topic 5: All Level Teaching Practicum: Kinesiology)	9

\*Note this track takes 18 hours to complete

<b>Total Hours</b>	<b>18</b>
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## Science

Requirements	Hours
15 hours chosen from the following:	15
Any course in the following fields: ARE, ASE, AST, BCH, BIO, BME, CH, CHE, C E, COE, C S, ECE, E M, E S, EVS, GEO, M E, N, NTR, NSC, PHM, PHY, P S, SDS, or STA	
and/or the following courses:	
ANT 301	Biological Anthropology
ANT 304	Introduction to Archaeological Studies: Prehistoric Archaeology
EDP 371	Introduction to Statistics
GRG 301C	The Natural Environment
GRG 301K	Weather and Climate
HIS 322M	History of Modern Science
PHL 363L	Topics in Philosophy of Science (Topic 1: The Philosophy of Biology)
PHL 363L	Topics in Philosophy of Science (Topic 2: The Outer Limits of Reason)
PHL 363L	Topics in Philosophy of Science (Topic 3: Science and Metaphysics)
PHL 363L	Topics in Philosophy of Science (Topic 5: Biology and Society)
PSY 308	Biopsychology
PSY 317	Statistical Methods in Psychology
PSY 458	Experimental Psychology
<b>Total Hours</b>	<b>15</b>

## Social Studies

Requirements	Hours
EDP 350E	Introduction to Life Span Development
12 hours chosen from the following fields: ANT, ECO, GOV, GRG, HIS, LIN, PSY, or SOC	12
<b>Total Hours</b>	<b>15</b>

## Sociology/Social Work

Requirements	Hours
15 hours chosen from the following fields: SOC or S W	15
<b>Total Hours</b>	<b>15</b>

## Teacher Certification

Please see the [Preparation for Teacher Certification](#).

## University of Texas (UT) Urban Teachers

UT Urban Teachers is a teacher preparation program for students seeking secondary teacher certification in English language arts and reading or social studies. UT Urban Teachers offers a three-semester program for undergraduate students, beginning the spring before their senior year, for students working towards a bachelor's degree in English, history, geography, government, economics, or other humanities disciplines. UT Urban Teachers also offers a Masters of Education degree program with teacher certification for students seeking teacher certification while pursuing a masters. These programs are designed to help English language arts and reading and social studies teacher candidates develop knowledge, skills, and dispositions to support teaching and learning in linguistically and culturally diverse urban settings. Program advising is housed in the College of Education. Information is available on the [UT Urban Teachers website](#) and from the College of Education advising office.

State of Texas teacher certification requirements are governed by the Texas Education Agency and are subject to change. Students must adhere to current teacher certification requirements, even if they differ from those listed in the University catalogs.

For students seeking secondary teacher certification in English language arts and reading:

Requirements	Hours
EDC 339F	Adolescent Literacy
EDC 370S	Topics in Secondary School Subjects (Topic 1: Advanced Methods in English, Language Arts, and Reading)
EDC 371S	Topics in Praxis for Student Teaching (Topic 1: Secondary English)
EDC 651S	Topics in Secondary School Teaching Practicum (Topic 1: Secondary School Teaching Practicum: English)
EDU 327	Sociocultural Influences on Learning
<b>Total Hours</b>	<b>18</b>

For students seeking secondary teacher certification in social studies:

Requirements	Hours
EDC 350	Topics in Educational Studies (Topic 3: Teaching Secondary Social Studies)
EDC 370S	Topics in Secondary School Subjects (Topic 3: Advanced Methods in Social Studies)
EDC 371S	Topics in Praxis for Student Teaching (Topic 4: Secondary Social Studies)
EDC 651S	Topics in Secondary School Teaching Practicum (Topic 2: Secondary School Teaching Practicum: Social Studies)
EDU 327	Sociocultural Influences on Learning
<b>Total Hours</b>	<b>18</b>