

Athletic Training (BSAthTrng)

Admission

Students who plan to major in athletic training must be admitted to the Athletic Training Program (ATP). Admission is based on a competitive application process. The student's grade point average and completion of prescribed coursework are factors in the admission decision. Applicants must also:

1. participate in the Directed Observation Program,
2. meet a set of technical standards,
3. pass a health assessment/physical examination,
4. provide proof of immunizations and vaccinations,
5. submit letters of recommendation, and
6. submit additional application documents.

More information about the admission process and requirements is available from an academic advisor and at <http://www.edb.utexas.edu/education/departments/undergrad/at/atep/>.

Licensure

In addition to completing the coursework associated with the program, students must participate in clinical rotations and become adept in a set of educational competencies and clinical proficiencies. Students who plan to take the state licensure examination for athletic trainers must complete the ATP.

Total Hours Required: 120

Plan of Study

The Plan of Study is a suggested four-year course sequence to support academic planning and serves as a helpful guide. Currently enrolled students should meet with their academic advisor to tailor their course selections and timelines to their individual goals and circumstances.

Course	Title	Hours
Year 1		
Semester 1		
KIN 312	Topics in Kinesiology: Issues	3
C C 306M	Introduction to Medical and Scientific Terminology	3
RHE 306	Rhetoric and Writing	3
CH 301	Principles of Chemistry I	3
<u>First-Year Signature Course (090)</u>		3
Hours		15
Semester 2		
KIN 219K	Topics in Athletics	2
KIN 424K	Applied Human Anatomy	4
CH 302	Principles of Chemistry II	3
<u>American and Texas Government (070)</u>		3
Hours		12
Semester 3		
M 305G	Preparation for Calculus	3
Hours		3
Year 2		
Semester 1		
KIN 341	Therapeutic Modalities in Athletic Training	3
KIN 140C	Practicum in Athletic Training: Level 1A	1
BIO 311C	Introductory Biology I	3
PSY 301	Introduction to Psychology	3
<u>Communication (010)</u>		3

<u>U.S. History (060)</u>		3
Hours		16
Semester 2		
KIN 320	Applied Biomechanics of Human Movement	3
KIN 342	Clinical Evaluation of Athletic Injuries in the Lower Body	3
KIN 343	Clinical Evaluation of Athletic Injuries in the Upper Body	3
KIN 140D	Practicum in Athletic Training: Level 1B	1
<u>Visual and Performing Arts (050)</u>		3
Hours		13
Semester 3		
Free Elective		3
Hours		3
Year 3		
Semester 1		
KIN 344	Therapeutic Exercise and Rehabilitation Techniques: Lower Body	3
KIN 344U	Therapeutic Exercise and Rehabilitation: Upper Body	3
KIN 425K	Physiology of Exercise	4
KIN 363	Theory and Practice in Strength Coaching	3
KIN 140E	Practicum in Athletic Training: Level 2A	1
Hours		14
Semester 2		
KIN 345	General Medical Conditions in Athletic Training	3
KIN 140F	Practicum in Athletic Training: Level 2B	1
KIN 330E	Sport Nutrition	3
KIN 332	Techniques of Fitness Leadership	3
<u>Humanities (040)</u>		3
<u>American and Texas Government (070)</u>		3
Hours		16
Year 4		
Semester 1		
KIN 346	Athletic Training Program Administration	3
KIN 140G	Practicum in Athletic Training: Level 3A	1
KIN/HED/Health Profession courses		6
<u>U.S. History (060)</u>		3
Free Elective		1
Hours		14
Semester 2		
KIN 140S	Senior Seminar in Athletic Training	1
KIN 140J	Practicum in Athletic Training: Level 3B	1
KIN/HED/Health Professions course		3
Free Elective		9
Hours		14
Total Hours		120

Requirements

All requirements are listed below, starting with the most specialized moving to the most general. Additional requirements may follow the table, so be sure to read the entire page. Some required courses listed below may also satisfy General Education requirements, including Core Curriculum.

Code	Title	Hours
Degree		
<u>Social Science</u>		
PSY 301	Introduction to Psychology (may also be counted toward the social and behavioral sciences requirement of the core curriculum)	3
<u>Mathematics</u>		
Hours chosen from:		3
M 305G	Preparation for Calculus	

Calculus		
<i>Natural Science (may also be counted toward Core Curriculum)</i>		
BIO 302F	Science Literacy and Numeracy: Human Health and Disease	3
or BIO 311C	Introductory Biology I	
Choose a sequence below:		6
Sequence 1:		
CH 301N	Chemistry in Our World I	
CH 302N	Chemistry in Our World II	
Sequence 2:		
CH 301	Principles of Chemistry I	
CH X02	Principles of Chemistry II	
Sequence 3:		
PHY 302K	General Physics Technical Course: Mechanics, Heat, and Sound	
PHY 302L	General Physics Technical Course: Electricity and Magnetism, Light, Atomic and Nuclear Physics	
Sequence 4:		
PHY 309K	Elementary Physics for Nontechnical Students	
PHY 309L	Elementary Physics for Nontechnical Students	
Sequence 5:		
PHY 317K	General Physics I	
PHY 317L	General Physics II	
Sequence 6:		
P S 303	Introductory Physical Science I: Mechanics and Heat	
P S 304	Introductory Physical Science II: Electricity, Light, and Optics	
Hours chosen from:		3
KIN 330E	Sport Nutrition	
KIN 352K.33	Nutrition: Exercise, Health, and Sport	
NTR 306	Fundamentals of Nutrition	
NTR 312	Introduction to Nutritional Sciences	
C C 306M	Introduction to Medical and Scientific Terminology	3
KIN 312.2	Care and Prevention of Athletic Injuries	3
KIN 219K.3	Introduction to Athletic Training	2
KIN 424K	Applied Human Anatomy	4
KIN 425K	Physiology of Exercise	4
KIN 320	Applied Biomechanics of Human Movement	3
or KIN 326K	Biomechanical Analysis of Movement	
KIN 341	Therapeutic Modalities in Athletic Training	3
KIN 342	Clinical Evaluation of Athletic Injuries in the Lower Body	3
KIN 343	Clinical Evaluation of Athletic Injuries in the Upper Body	3
KIN 344	Therapeutic Exercise and Rehabilitation Techniques: Lower Body	3
KIN 344U	Therapeutic Exercise and Rehabilitation: Upper Body	3
KIN 345	General Medical Conditions in Athletic Training	3
KIN 346	Athletic Training Program Administration	3
KIN 363	Theory and Practice in Strength Coaching	3
KIN 140S	Senior Seminar in Athletic Training	1
Approved practicum (required each semester of clinical rotations)		
Hours chosen from: kinesiology, health education, or allied health profession prerequisites		9

Free electives: Additional coursework to reach total hours required.	16
<i>Subtotal</i>	<i>87</i>
General Education	
Remaining Core Curriculum (42 hours total)	33
Foreign Language other than English, Beginning Proficiency	
<i>Subtotal</i>	<i>33</i>
<u>College Requirements - Education</u>	
<u>General University Requirements</u>	
Total Hours	120

Additional Requirements and Policy

Up to six hours of fieldwork may be counted toward the degree as electives. Up to three hours in physical education activity coursework (PED) may be counted as electives.