

Health and Society (BA)

Admission

Freshman Admission

Applicants should use the ApplyTexas online application and select the Health and Society major listed in the College of Liberal Arts as a first-choice major.

External Transfer Admission

Students who wish to transfer to the University from another college or university must apply to the Office of Admissions as described in the [General Information Catalog](#).

Internal Transfer Admission

1. Minimum 2.75 cumulative GPA at the University with at least 12 hours in residence for a letter grade.
2. Must be prior to fifth long semester, cumulative, including transfer work. Students with four or more semesters in transfer credit may only apply in their first semester.
3. Compelling statement of interest in the major.

Applications will be accepted twice per year and will be reviewed after grades are posted. Decisions will be made prior to the start of the following long semester.

The admission committee may consider the following factors, among others, when considering applications:

- GPA trend relative to cumulative GPA
- Strength of essay
- Time to graduation
- Intent to declare health and society as a single major

Total Hours Required: 120

Plan of Study

The Plan of Study is a suggested four-year course sequence to support academic planning and serves as a helpful guide. Currently enrolled students should meet with their academic advisor to tailor their course selections and timelines to their individual goals and circumstances.

Course	Title	Hours
Year 1		
Semester 1		
<u>Foreign Language other than English, Intermediate Proficiency</u>		6
RHE 306	Rhetoric and Writing	3
<u>First-Year Signature Course (090)</u>		3
H S 301	Introduction to Health and Society	3
Hours		15
Semester 2		
<u>Foreign Language other than English, Intermediate Proficiency</u>		6
SDS 301	Elementary Statistical Methods	3
<u>U.S. History (060)</u>		3
<u>Additional Social Science (may not also be counted toward Core Curriculum)</u>		3
Hours		15
Year 2		
Semester 1		
E 316N	World Literature	3
H S 302	Current Approaches to Health and Society	3
<u>Natural Science and Technology, Part I (030)</u>		3
<u>U.S. History (060)</u>		3

<u>Visual and Performing Arts (050)</u>		3
Hours		15
Semester 2		
<u>Transcript-recognized minor or certificate</u>		3
<u>Natural Science and Technology, Part I (030)</u>		3
<u>Transcript-recognized minor or certificate</u>		3
GOV 310L	American and Texas Government	3
Free Elective		3
Hours		15
Year 3		
Semester 1		
GOV 312L	Issues and Policies in American Government	3
H S 310P	Physical Activity and Society	3
<u>Natural Science and Technology, Part II (093)</u>		3
<u>Cultural Expression, Human Experience, and Thought (may not also be counted toward Core Curriculum)</u>		3
<u>Transcript-recognized minor or certificate</u>		3
Hours		15
Semester 2		
Free Elective		3
SOC 369K	Population and Society	3
H S 330	Health Care Policy in the United States	3
Free Elective		3
Free Elective		3
Hours		15
Year 4		
Semester 1		
H S 341	Health and Justice	3
H S 350E	Foundations of Epidemiology	3
<u>Transcript-recognized minor or certificate</u>		3
Free Elective		3
Free Elective		3
Hours		15
Semester 2		
H S 378	Seminar in Health and Society	3
<u>Transcript-recognized minor or certificate</u>		3
ANT 324L	Topics in Anthropology	3
Free Elective		6
Hours		15
Total Hours		120

Requirements

All requirements are listed below, starting with the most specialized moving to the most general. Additional requirements may follow the table, so be sure to read the entire page. Some required courses listed below may also satisfy [General Education](#) requirements, including [Core Curriculum](#).

Code	Title	Hours
Major		
H S 301	Introduction to Health and Society	3
H S 302	Current Approaches to Health and Society	3
Methods and Statistics		
Hours chosen from:		3
SDS 301	Elementary Statistical Methods	
SDS 302F	Foundations of Data Analysis	
A course chosen from an approved list		
Social Justice and Health		
Hours chosen from:		3
H S 341	Health and Justice	
PHL 325M	Medicine, Ethics, and Society	
PHL 325E	Biomedical Ethics	

N 321	Ethics of Health Care	
S W 331	Applied Social Ethics	
A course chosen from an approved list		
H S 350E	Foundations of Epidemiology	3
<i>Individual Health & Health Behavior</i>		
Hours chosen from:		3
H S 310P	Physical Activity and Society	
H S 340.9	Valuing Mental Health	
H S 340.5	Health Disparities	
A course chosen from an approved list		
<i>Global Health & Population Health</i>		
Hours chosen from:		3
H S 330C	Climate Change and Health	
SOC 369K	Population and Society	
A course chosen from an approved list		
<i>Health Care Policy & Economics</i>		
Hours chosen from:		3
H S 330	Health Care Policy in the United States	
H S 341C	Comparative United States Health Systems	
H S 340.7	Contemporary Practice of Medicine (Topic 7: Contemporary Practice of Medicine)	
H S 340.8	Economic Sociology of Health (Topic 8: Economic Sociology of Health)	
A course chosen from an approved list		
<i>Social & Cultural Context of Health:</i>		
Hours chosen from:		3
ANT 324L	Topics in Anthropology	
C C 340	Advanced Topics in Classical Archaeology	
HIS 322M	History of Modern Science	
PHL 322	Science and the Modern World	
SOC 336D	Race, Class, and Health	
SOC 354K	Sociology of Health and Illness	
A course chosen from an approved list		
Hours chosen from:		3
H S 378	Seminar in Health and Society	
H S 679H	Honors Tutorial Course (for students seeking special honors)	
<i>Subtotal</i>		30
Degree (see details below)		51
Free electives: Additional coursework to reach total hours required.		9
<i>Subtotal</i>		60
General Education		
<u>Remaining Core Curriculum (42 hours total)</u>		30
<u>Foreign Language other than English, Intermediate Proficiency</u>		
<i>Subtotal</i>		30
<u>College Requirements - Liberal Arts</u>		
<u>General University Requirements</u>		
Total Hours		120

Degree - Bachelor of Arts (BA) - Liberal Arts

Code	Title	Hours
Degree		
<i>Literature and Writing</i>		

RHE 306	Rhetoric and Writing (Plan II honors requires at least a C-; may also count toward Core Curriculum)	3
Hours chosen from: <u>Writing intensive coursework-see course list</u> (may also count toward Core Curriculum; Plan II honors requires at least a C-)		3
Hours chosen from: Upper-division <u>Writing intensive coursework-see course list</u> (may also count toward Core Curriculum; Plan II honors requires at least a C-)		6
Choose a sequence below:		12
Sequence 1: Plan II Honors (requires at least a C-; may also count toward Core Curriculum)		
E 303C	Plan II World Literature Part I	
or T C 303C	Plan II World Literature Part I	
Sequence 2: Plan I		
E 316L	British Literature	
or E 316M	American Literature	
or E 316N	World Literature	
<u>Foreign Language other than English, Intermediate Proficiency</u>		3
<i>Choose a sequence below: Social Science</i>		3
Sequence 1: Plan II Honors (requires at least a C-; may also count toward Core Curriculum)		
S S 302C	Honors Social Science: Methods and Theory	
or S S 302D	Honors Social Science: Psychology	
or S S 302E	Honors Social Science: Anthropology	
or S S 302E	Honors Social Science: Anthropology	
or S S 302F	Honors Social Science: Economics	
Sequence 2: Plan I		
<u>Additional Social Science (may not also be counted toward Core Curriculum)</u>		
<i>Mathematics</i>		
Choose a sequence below: (M 301, M 316K, and M 316L do not count toward this requirement)		3
Sequence 1: Plan II Honors		
M 310P	Modern Mathematics: Plan II	
Sequence 2: Plan I		
Hours chosen from: Mathematics		
<i>Choose a sequence below:</i>		3
Sequence 1: Plan II Honors		
T C 310	Modes of Reasoning	
or PHL 313Q	Logic and Scientific Reasoning	
Sequence 2: Plan I		
<u>Cultural Expression, Human Experience, and Thought (may not also be counted toward Core Curriculum)</u>		
<i>Choose a sequence below:</i>		15
Sequence 1: Plan II Honors		
Six Hours chosen from: Astronomy, biology, chemistry, geological sciences, physical science, or physics (may also count toward Core Curriculum)		
BIO 301E	Problems in Modern Biology	
PHY 321	Modern Physics: Plan II	
Three Hours chosen from:		
Art history, music history, or history of theatre and dance		
Upper-division classical civilization, humanities, literature, or philosophy		
Sequence 2: Plan I International Relations and Global Studies		
Free electives: Additional coursework to reach total hours required.		

Sequence 3: Other Plan I	
Hours chosen from:	
<u>Transcript-recognized minor or certificate</u>	
Liberal Arts multi-disciplinary minor in the Social and Behavioral Sciences	
Liberal Arts multi-disciplinary minor in Cultural Expression, Human Experience, and Thought	
Total Hours	51

Additional Requirements and Policies

Unless otherwise stated, students must complete at least:

- 15 upper-division degree hours
- 24 upper-division degree hours taken in residence at the University
- 36 additional degree hours taken in residence at the University.

Credit may be earned via credit by examination, extension, or transferred hours from another institution (requires dean's approval).

Major and minor required hours may also be used to fulfill degree requirements unless expressly prohibited.

A course in one degree area may not also be used to fulfill the requirements of another degree area unless specified otherwise.

Mathematics courses at the college algebra level may not count toward elective hours.

Majors

A major consists of 24 to 45 hours, with at least 15 upper-division hours unless the requirements of the major state otherwise.

Students must earn at least:

- 18 major hours taken in residence at the University.
- 6 upper-division major hours taken in residence at the University
- a 2.00 grade point average for in-residence major hours taken at the University unless a higher minimum scholastic requirement is specified for the major.

Minors

Students must get permission from their College of Liberal Arts academic advisor to pursue more than one transcript-recognized minor or certificate per major. The academic advisor will approve or deny the request after considering the student's long-term educational and professional goals and the student's ability to graduate within 4 years of entering the University.

Students should consult the department offering the course before planning to use it to fulfill the minor requirement.

Hours used to fulfill the requirements for a minor must be taken on the letter-grade basis.

See [University Minor and Certificate policies here](#).