

Human Development and Family Sciences, Honors in Advanced Human Development and Family Sciences (BSHDFS)

Degree - Bachelor of Science in Human Development and Family Sciences (BSHDFS)

The Bachelor of Science in Human Development and Family Sciences focuses on the study of human development, individuals in a family context, relationships, and well-being within the family and the broader social, economic, community, and governmental environment. Students in the program are expected to develop knowledge and understanding about human development and family dynamics through classroom experiences, observation of children and families, and research. They have opportunities to apply their knowledge through practicum experiences in research and placements in the field. The program is designed to give students excellent preparation for graduate training that leads to careers in academia, research, medicine, and other health professions, as well as for employment in a field involving work with children, families, and adults.

Students must be admitted to the Honors in Advanced Human Development and Family Sciences Program.

Total Hours Required: 120

Plan of Study

The Plan of Study is a suggested four-year course sequence to support academic planning and serves as a helpful guide. Currently enrolled students should meet with their academic advisor to tailor their course selections and timelines to their individual goals and circumstances.

Course	Title	Hours
Year 1		
Semester 1		
HDF 304H	Family Relationships: Honors	3
SDS 302F	Foundations of Data Analysis	3
CH 301C	Foundations of Chemistry I	3
Hours chosen from: ECO, SOC, PSY, ANT, GOV, GRG, HIS, LIN, or PHL		3
<u>First-Year Signature Course (090)</u>		3
Hours		15
Semester 2		
HDF 313H	Child Development: Honors	3
HDF 114H	Child Development Laboratory: Honors	1
BIO 311C	Introductory Biology I	3
RHE 306	Rhetoric and Writing	3
<u>Visual and Performing Arts (050)</u>		3
HDF 305	Health and Development Across the Lifespan	3
Hours		16
Year 2		
Semester 1		
CH 302C	Foundations of Chemistry II	3
SDS 324E	Elements of Regression Analysis	3

<u>U.S. History (060)</u>		3
Free Elective		3
HDF 362	Children and Public Policy	3
Hours		15
Semester 2		
HDF 315L	Research Methods in Human Development and Family Sciences	3
Hours chosen from: Upper-division ECO, SOC, PSY, ANT, GOV, GRG, HIS, LIN, or PHL		3
HDF 338	Developmentally Appropriate Practices with Young Children	3
HDF 351	Infant Development and Attachment Relationships	3
<u>U.S. History (060)</u>		3
Hours		15
Year 3		
Semester 1		
HDF 355H	Problems Course: Honors	3
Hours chosen from: Upper-division HDF		3
Hours chosen from: Upper-division HDF		3
Hours chosen from: ECO, SOC, PSY, ANT, GOV, GRG, HIS, LIN, or PHL		3
GOV 310L	American and Texas Government	3
Hours		15
Semester 2		
HDF 355H	Problems Course: Honors	3
Hours chosen from: Upper-division HDF		3
HDF 372K	Families in Transition	3
GOV 312L	Issues and Policies in American Government	3
HDF 340	Ethical, Philosophical, and Professional Development Issues	3
Hours		15
Year 4		
Semester 1		
HDF 379H	Honors Tutorial Course	3
Hours chosen from: Upper-division HDF		2
Hours chosen from: Upper-division HDF		3
Hours chosen from: Upper-division HDF		3
<u>Humanities (040)</u>		3
Hours		14
Semester 2		
HDF 371	Adolescent Development in Context	3
Hours chosen from: AST, BIO, CH, C S, GEO, NEU, M, PHY, or NTR (excluding NTR 306)		3
Courses designed for nonscience majors may not be counted toward this requirement; students should consult the School of Health and Human Sciences for a list of courses that may be counted.		
Upper-division Elective		3
Upper-division Elective		3
Hours chosen from: Upper-division HDF		3
Hours		15
Total Hours		120

Requirements

All requirements are listed below, starting with the most specialized moving to the most general. Additional requirements may follow the table, so be sure to read the entire page. Some required courses listed below may also satisfy [General Education](#) requirements, including [Core Curriculum](#).

Code	Title	Hours
Concentration		
SDS 302F	Foundations of Data Analysis	3
Hours chosen from:		3
M 408C	Differential and Integral Calculus	
M 408N	Differential Calculus for Science	
M 408R	Differential and Integral Calculus for the Sciences	

SDS 324E	Elements of Regression Analysis	
CH 301	Principles of Chemistry I	3
or CH 301C	Foundations of Chemistry I	
BIO 311C	Introductory Biology I	3
Hours chosen from:		3
BIO 311D	Introductory Biology II	
CH 302	Principles of Chemistry II	
CH 302C	Foundations of Chemistry II	
Hours chosen from: Additional semester coursework (courses designed for nonscience majors may not be counted toward this requirement; students should consult the School of Human Ecology for a list of courses that may be counted)		3
Astronomy		
Biology		
Chemistry		
Computer Science		
Geological Sciences		
Mathematics		
Physics		
Nutrition (other than Nutrition 306)		
NTR 306	Fundamentals of Nutrition	3
or PBH 317	Introduction to Public Health	
Hours chosen from:		3
Nutrition		
Public Health		
Textiles and Apparel		
HDF 322	Personal and Family Finance	
Hours chosen from:		13
HDF 304H	Family Relationships: Honors	
HDF 313H	Child Development: Honors	
HDF 114H	Child Development Laboratory: Honors	
HDF 315L	Research Methods in Human Development and Family Sciences	
HDF 305	Health and Development Across the Lifespan	
or HDF 306	Introduction to Gender and Sexuality	
Hours chosen from: (at least one of the 3 hours must be HDF 379H)		12
HDF 355H	Problems Course: Honors	
HDF 379H	Honors Tutorial Course	
Hours chosen from: Upper-division HDF (approved by the departmental honors advisor)		15
<i>Subtotal</i>		64
Degree (see details below)		30
<i>Subtotal</i>		30
General Education		
Remaining Core Curriculum (42 hours total)		24
Free Elective		2
Foreign Language other than English, Beginning Proficiency		
<i>Subtotal</i>		26
College Requirements - Natural Sciences		
General University Requirements		
Total Hours		120

Degree - Bachelor of Science in Human Development and Family Sciences (BSHDFS)

Code	Title	Hours
Degree		
H E 101P	Professional Development I	1
H E 102P	Ethics Across Life	1
H E 103P	Professional Development II	1
Hours chosen from: Upper-division HDF (excluding HDF 322, HDF 357, HDF 359, HDF 352, HDF 652F, HDF 352L, HDF 652P, HDF 355H, HDF 355R, and HDR 379H)		18
Select nine semester hours, at least three of which must be upper-division, from courses in economics, social or cultural anthropology, sociology, government, history, linguistics, philosophy, geography and the environment, and psychology (PSY 304, PSY 333D, and PSY 339 may not be counted toward this degree. Courses used to fulfill this requirement may not also be used to fulfill Core Curriculum requirements)		9
Total Hours		30

At least 36 semester hours of upper-division coursework must be completed.

At least 21 semester hours must be completed in residence at the University.

At least 18 semester hours in the School of Health and Human Sciences must be completed in residence at the University.

Additional Requirements and Policy

Students must fulfill both the University's [General Requirements](#) for graduation and the [college requirements](#). They must earn a grade of at least C- in each mathematics and science course required for the degree, and grade point average in these courses of at least 2.00. More information about grades and the grade point average is given in the [General Information Catalog](#).

Additional Requirements and Policy

Students must remain in good standing with an overall in-residence grade point average of at least 3.30 and an overall grade point average of 3.50 in all human development and family sciences courses. In addition, student research conducted in HDF 355H and HDF 379H must be presented in an approved public forum, such as the college's annual Undergraduate Research Forum. Students who fail to maintain the required grade point average may be subject to dismissal from the program. Under special circumstances and at the discretion of the human development and family sciences honors advisor, a student may be allowed to continue under academic review.