

Human Development and Family Sciences, Human Development and Family Sciences Honors (BSHDFS)

Degree - Bachelor of Science in Human Development and Family Sciences (BSHDFS)

The Bachelor of Science in Human Development and Family Sciences focuses on the study of human development, individuals in a family context, relationships, and well-being within the family and the broader social, economic, community, and governmental environment. Students in the program are expected to develop knowledge and understanding about human development and family dynamics through classroom experiences, observation of children and families, and research. They have opportunities to apply their knowledge through practicum experiences in research and placements in the field. The program is designed to give students excellent preparation for graduate training that leads to careers in academia, research, medicine, and other health professions, as well as for employment in a field involving work with children, families, and adults.

Students must be admitted to the Dean’s Scholars, Health Science Scholars, or Polymathic Scholars Honors Program.

Total Hours Required: 120

Plan of Study

The Plan of Study is a suggested four-year course sequence to support academic planning and serves as a helpful guide. Currently enrolled students should meet with their academic advisor to tailor their course selections and timelines to their individual goals and circumstances.

Course	Title	Hours
Year 1		
Semester 1		
SDS 320H	Elements of Statistics: Honors	3
HDF 305	Health and Development Across the Lifespan	3
CH 301C	Foundations of Chemistry I	3
Hours chosen from: ECO, SOC, PSY, ANT, GOV, GRG, HIS, LIN, or PHL		3
First-Year Signature Course (090) approved by departmental advisor		3
Hours		15
Semester 2		
CH 302C	Foundations of Chemistry II	3
HDF 338	Developmentally Appropriate Practices with Young Children	3
HDF 355H	Problems Course: Honors	3
Visual and Performing Arts (050)		3
U.S. History (060)		3
H E 115H	Freshman Honors Seminar	1
Hours		16
Year 2		
Semester 1		
Hours chosen from: ECO, SOC, PSY, ANT, GOV, GRG, HIS, LIN, or PHL		3
HDF 335	Adult Development	3
NTR 306	Fundamentals of Nutrition	3
RHE 306	Rhetoric and Writing	3

BIO 315H	Advanced Introduction to Genetics: Honors	3
Hours		15
Semester 2		
HDF 315L	Research Methods in Human Development and Family Sciences	3
Hours chosen from: Upper-division GOV, GRG, HIS, LIN, or PHL		3
U.S. History (060)		3
H E 225H	Sophomore Honors Seminar	2
BIO 325H	Genetics: Honors	3
Hours		14
Year 3		
Semester 1		
M 408N	Differential Calculus for Science	4
HDF 347	Socioeconomic Problems of Families	3
Hours chosen from: Upper-division HDF		3
GOV 310L	American and Texas Government	3
Free Elective		2
Hours		15
Semester 2		
Hours chosen from: Upper-division HDF		3
HDF 372K	Families in Transition	3
HDF 322	Personal and Family Finance	3
GOV 312L	Issues and Policies in American Government	3
RHE 309S	Critical Reading and Persuasive Writing (restricted to students in the Dean’s Scholars Honors Program)	3
Hours		15
Year 4		
Semester 1		
Hours chosen from: Coursework from the College of Liberal Arts and/or the College of Fine Arts		6
Hours chosen from: Upper-division HDF		3
HDF 379H	Honors Tutorial Course	3
Hours chosen from: (Must be additional honors-designated or approved coursework)		3
Biology		
Chemistry		
Computer Science		
Mathematics		
Statistics and Data Sciences		
Physics		
Hours		15
Semester 2		
Hours chosen from: Upper-division HDF		3
Hours chosen from: Upper-division HDF		3
HDF 340	Ethical, Philosophical, and Professional Development Issues	3
HDF 358	Parent-Child Relationships	3
Humanities (040)		3
Hours		15
Total Hours		120

Requirements

All requirements are listed below, starting with the most specialized moving to the most general. Additional requirements may follow the table, so be sure to read the entire page. Some required courses listed below may also satisfy [General Education](#) requirements, including [Core Curriculum](#).

Code	Title	Hours
Concentration		
Honors Breadth Requirement (credit earned by examination may not be counted toward this requirement)		
Hours chosen from: (one of which must be a designated honors course)		6

Calculus course		
Statistics course		
BIO 315H	Advanced Introduction to Genetics: Honors	3
BIO 325H	Genetics: Honors	3
CH 301C	Foundations of Chemistry I	3
CH 302C	Foundations of Chemistry II	3
Hours chosen from: Additional coursework approved by the departmental honors advisor		19
Hours chosen from: Coursework from the College of Liberal Arts and/or the College of Fine Arts		6
Hours chosen from: (lower-division)		13
HDF 304H	Family Relationships: Honors	
HDF 313H	Child Development: Honors	
HDF 114H	Child Development Laboratory: Honors	
HDF 315L	Research Methods in Human Development and Family Sciences	
HDF 305	Health and Development Across the Lifespan	
HDF 306	Introduction to Gender and Sexuality	
UGS 302	First-Year Signature Course (Must be approved by the departmental honors advisor)	3
or UGS 303	First-Year Signature Course	
Hours chosen from:		1
NSC 109.1	Planning Your Capstone Experience (for Health Science Scholars)	
NSC 109.2	Health Science Scholars Capstone Experience Preparation (for Dean's Scholars)	
NSC 109.4	Polymathic Capstone Field Invention (for Polymathic Scholars)	
Hours chosen from:		6
HDF 355H	Problems Course: Honors (taken twice)	
Choose a sequence below:		6
Sequence 1:		
HDF 379H	Honors Tutorial Course	
Hours chosen from: Upper-division research course approved by the departmental honors advisor		
Sequence 2:		
HDF 379H	Honors Tutorial Course	
HDF 379H	Honors Tutorial Course (second section)	
Sequence 3		
NSC 323	Natural Sciences Topics	
NSC 371	Capstone Thesis Seminar	
Subtotal		72
Degree (see details below)		30
Subtotal		30
General Education		
Remaining Core Curriculum (42 hours total)		18
Foreign Language other than English, Beginning Proficiency		
Subtotal		18
College Requirements - Natural Sciences		
General University Requirements		
Total Hours		120

Degree - Bachelor of Science in Human Development and Family Sciences (BSHDFS)

Code	Title	Hours
Degree		
H E 101P	Professional Development I	1
H E 102P	Ethics Across Life	1
H E 103P	Professional Development II	1
Hours chosen from: Upper-division HDF (excluding HDF 322, HDF 357, HDF 359, HDF 352, HDF 652F, HDF 352L, HDF 652P, HDF 355H, HDF 355R, and HDR 379H)		18
Select nine semester hours, at least three of which must be upper-division, from courses in economics, social or cultural anthropology, sociology, government, history, linguistics, philosophy, geography and the environment, and psychology (PSY 304, PSY 333D, and PSY 339 may not be counted toward this degree. Courses used to fulfill this requirement may not also be used to fulfill Core Curriculum requirements)		9
Total Hours		30

At least 36 semester hours of upper-division coursework must be completed.

At least 21 semester hours must be completed in residence at the University.

At least 18 semester hours in the School of Health and Human Sciences must be completed in residence at the University.

Additional Requirements and Policy

Students must fulfill both the University's [General Requirements](#) for graduation and the [college requirements](#). They must earn a grade of at least C- in each mathematics and science course required for the degree, and grade point average in these courses of at least 2.00. More information about grades and the grade point average is given in the [General Information Catalog](#).

Additional Requirements and Policy

Students must remain in good standing in the Dean's Scholars, Health Science Scholars, or Polymathic Scholars Honors Program, must submit an honors thesis, and present their research in an approved public forum, such as the college's annual Undergraduate Research Forum or CNS Honors Thesis Symposium. More information about the Undergraduate Research Forum is available at <https://cns.utexas.edu/>.