

Youth and Community Studies, Coaching (BSEd)

Total Hours Required: 120

Plan of Study

The Plan of Study is a suggested four-year course sequence to support academic planning and serves as a helpful guide. Currently enrolled students should meet with their academic advisor to tailor their course selections and timelines to their individual goals and circumstances.

Course	Title	Hours
Year 1		
Semester 1		
<u>First-Year Signature Course (090)</u>		3
RHE 306	Rhetoric and Writing	3
<u>Mathematics (020)</u>		3
<u>Natural Science and Technology, Part I (030)</u>		3
SED 303 or PSY 301	Autism Spectrum Disorder: Truths and Consequences or Introduction to Psychology	3
Hours		15
Semester 2		
EDP 320	Cognition, Human Learning, and Motivation	3
<u>American and Texas Government (070)</u>		3
<u>Natural Science and Technology, Part I (030)</u>		3
<u>Social and Behavioral Sciences (080)</u>		3
Free Elective		3
Hours		15
Semester 3		
<u>U.S. History (060)</u>		3
Hours		3
Year 2		
Semester 1		
Free Elective		3
<u>American and Texas Government (070)</u>		3
<u>Natural Science and Technology, Part II (093)</u>		3
<u>Visual and Performing Arts (050)</u>		3
EDP 318T	Selected Topics in Educational Psychology	3
Hours		15
Semester 2		
EDU 321 or EDP 350G	Play in Early Childhood Development or Adolescent Development	3
<u>U.S. History (060)</u>		3
Free Elective		3
<u>Humanities (040)</u>		3
KIN 310	Physiological Basis of Conditioning	3
Hours		15
Year 3		
Semester 1		
EDU 327	Sociocultural Influences on Learning	3
EDU 331	Restorative Practices	3
HED 329K	Child and Adolescent Health	3
Free Elective		3
KIN 311K	Sport Psychology	3
Hours		15
Semester 2		
<u>Communication (010)</u>		3
EDC 363	Social Entrepreneurship in Youth and Community Studies	3
Hours chosen from: KIN/HED/PED		3

KIN 348	Psychological Aspects of Exercise	3
Specialization, Certificate, Track, or Minor course		3
Hours		15
Year 4		
Semester 1		
EDU 329	Acquisition of Language and Literacies	3
KIN 363	Theory and Practice in Strength Coaching	3
Specialization, Certificate, Track, or Minor courses		6
Free Elective		3
Hours		15
Semester 2		
Free Elective		3
EDC 364C	Fieldwork in Youth and Community Studies	3
Specialization, Certificate, Track, or Minor courses		6
Hours		12
Total Hours		120

Requirements

All requirements are listed below, starting with the most specialized moving to the most general. Additional requirements may follow the table, so be sure to read the entire page. Some required courses listed below may also satisfy [General Education](#) requirements, including [Core Curriculum](#).

Code	Title	Hours
Concentration		
EDC 364C	Fieldwork in Youth and Community Studies	3
Hours chosen from: (For a complete list, visit education.utexas.edu)		12
KIN 119	Topics in Movement Competence	
KIN 226	Advanced Weight Training	
KIN 310	Physiological Basis of Conditioning	
KIN 311K	Sport Psychology	
KIN 312.2	Care and Prevention of Athletic Injuries	
KIN 312.3	Fundamentals of Coaching	
KIN 332	Techniques of Fitness Leadership	
KIN 348	Psychological Aspects of Exercise	
KIN 361	Coaching Theory and Principles I	
KIN 362	Coaching Theory and Principles II	
KIN 363	Theory and Practice in Strength Coaching	
Major (see details below)		42
<i>Subtotal</i>		<i>57</i>
Free electives: Additional coursework to reach total hours required.		21
<i>Subtotal</i>		<i>21</i>
General Education		
<u>Core Curriculum</u>		42
Foreign Language other than English, Beginning Proficiency		
<i>Subtotal</i>		<i>42</i>
<u>College Requirements - Education</u>		
<u>General University Requirements</u>		
Total Hours		120

Major- Youth and Community Studies (BSEd)

The youth and community studies major has two professional concentrations that can lead to secondary teacher certification after meeting additional state requirements: UT Austin Urban Teachers English language arts and reading and UT Austin Urban Teachers social

studies. Youth and community studies majors in other professional concentrations are not entitled to receive a teaching certificate.

Code	Title	Hours
Major		
EDU 333	Children's Literature (or three hours from E or RHE; may not also count for <u>Humanities (040)</u> requirement)	3
EDP 318T.5	Introduction to Career Planning	3
EDP 320	Cognition, Human Learning, and Motivation	3
EDU 327	Sociocultural Influences on Learning	3
EDU 331	Restorative Practices	3
EDP 350G	Adolescent Development	3
or EDU 321	Play in Early Childhood Development	
HED 329K	Child and Adolescent Health	3
Hours chosen from: KIN or HED		3
Entrepreneurship course (EDC X63 recommended)		3
Curricular Specialization		
Either a specialization in the Department of Kinesiology and Health Education, a minor outside of education, a certificate, or a track in a second field of study which consists of a minimum of 15 hours of coursework, six of which must be upper-division. No more than six hours in the minor may also be counted toward other degree requirements. (See the College of Education "Degrees and Programs" page for specialization and track requirements)		15
Free Electives		
Select additional coursework to fulfill all degree requirements and reach a total of 120 semester hours. All majors must complete at least 36 hours of upper-division coursework.		
Total Hours		42